# 4. Managing Cookies

### 4.1 Adjusting Browser Settings

- You can manage or disable cookies through your browser settings. Instructions vary depending on your browser (e.g., Chrome, Firefox, Safari).

### 4.2 Impact of Disabling Cookies

- Disabling cookies may limit certain features of the Services and affect your overall experience. Essential cookies cannot be disabled as they are necessary for the operation of the Services.

### 4.3 Opt-Out Options

- For advertising cookies, you may opt out of targeted ads.

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