

# 11. Health and Safety

## Disclaimer

### 11.1 Health Risks of Prolonged Gameplay

- Playing Cosmo Crafter for extended periods may pose health risks, including but not limited to:
  - Eye strain from prolonged screen time.
  - Fatigue or sleep disruption.
  - Repetitive strain injuries (e.g., wrist or hand pain).
  - Physical discomfort from sitting for long periods.

### 11.2 Recommended Precautions

- To minimize health risks, we recommend the following precautions:
  - Take regular breaks of at least 10 minutes every hour.
  - Maintain an ergonomic gaming setup, including a comfortable chair and proper screen positioning.
  - Avoid playing in poorly lit or overly bright environments.
  - Stay hydrated and maintain a healthy posture while gaming.

### 11.3 Motion Sickness and Sensitivity

- Certain features, such as fast-paced visuals or dynamic camera movements, may cause motion sickness, dizziness, or disorientation in some players. If you experience these symptoms, stop playing immediately and consult a medical professional if necessary.

### 11.4 Pre-Existing Conditions

- Individuals with pre-existing medical conditions, such as epilepsy, should consult a doctor before playing, as certain visual effects in the game may trigger seizures or other adverse reactions.

### 11.5 Parental Guidance

- Parents and guardians should monitor children's gameplay to ensure they take regular breaks, maintain healthy habits, and avoid exposure to unsuitable content.

### 11.6 Player Responsibility

- By participating in Cosmo Crafter, you acknowledge and accept the potential health risks associated with gaming. The Company is not liable for any injuries, discomfort, or health

issues arising from gameplay.

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